**HEALTH CARE**

**ACADEMIC HEALTH SERVICE**

**From Monday to Friday up to 18.00**

**Przychodnia Specjalistyczna**  
ul. Mochnackiego 10 (przy placu Narutowicza)  
tel. 659-77-38, 823-45-73  
czynne: 7.30-19.00 (pon. - pt.)  
**Przychodnia "Perełka"**  
ul. Waryńskiego 10A (niski budynek między Rivierą a Mikrusem) (**closed due to renovation from 15thMarch**)  
tel. 234-53-25, 825-51-07  
czynne: 8.00-19.00 (pon. - pt.)  
**Przychodnia - teren południowy**  
ul. Narbutta 85  
tel. 234-84-27  
czynne: 7.30-15.00 (pon. - pt.)  
**Przychodnia przy UW**  
ul. Krakowskie Przedmieście 24/26  
tel. 552-03-65  
**Przychodnia przy UW**  
ul. Żwirki i Wigury 95/97  
tel. 554-80-40  
**Przychodnia przy UW**  
ul. Smyczkowa 5/7  
tel.553-31-25

**AFTER 18.00 & SATURDAY & SUNDAY**

ul. Banacha 1A

02-097 Warszawa

Telefon: 022-5991000

**Important !!!**

**If You need a doctor, you have to make an appointment. Please go from 7.15 to the clinic or phone them from 8.00. Unfortunately some doctors doesn't speak English so maybe it is good idea to take your Polish speaking friend.**

**EU/EEA CITIZENS**

**In case of having free of charge doctor consultations and medical treatments, please have with you:**

* xero copy of your European Health Insurance Card (EHIC) and original card to show at reception desk
* xero copy of your document include your permanent address with post code
* document with your Polish temporary address

**NON EU/EEA CITIZENS**

If You are not European Union Citizen, you can take optional but not compulsory health insurance at NFZ (National Health Fund).You will need to fill the application in Polish language (nfz\_application\_form.pdf on PIRG site → Page for students → Important Informations) and go to:

Mazowiecki Oddział Wojewódzki NFZ   
ul. Chałubińskiego 8  
00-613 Warszawa, tel. (22) 582 84 40, e-mail: [wf07@nfz.gov.pl](mailto:wf07@nfz.gov.pl)

**Access to health care during a temporary stay in Poland**

<http://www.nfz.gov.pl/ue/?katnr=5&dzialnr=2&artnr=716&czartnr=2>

If you are entitled to health care under EEA rules on coordination of social security systems, during a temporary stay in Poland you are entitled to receive free health care services, necessary on medical grounds, from health care providers who have concluded contracts for health services with the National Health Fund (NFZ). The information about health care providers who have concluded contracts with the NFZ is available in the competent regional branch offices of the NFZ. Facilities of these health care providers are marked with the logo of the NFZ:



**How do you get treatment by a general practitioner?**

Go to a doctor who has a contract with the NFZ and show your European Health Insurance Card (EHIC) or a replacement certificate. Primary health care comprises examination and consultation by a general practitioner. A doctor may also refer you to diagnostic tests, to a specialist or to a hospital.   
Dispensaries are open from Monday to Friday, from 8 a.m. to 6 p.m. After 6 p.m. on workdays, as well as on Saturdays, Sundays and on holidays 24-hour-care is provided by health units which have concluded contracts for this kind of services. They comprise out-patient care and home visits in case a patient's condition is serious. Addresses and telephone numbers of health units providing 24-hour-care are available in health care dispensaries.

**How do you get treatment by a specialist?**

You need a referral of a doctor who practises within the health care system. No referral is required to following specialists:

* obstetrician,
* dentist,
* dermatologist,
* venereologist,
* oncologist,
* eye specialist,
* psychiatrist,

and for following persons:

* suffering from tuberculosis,
* infected with HIV,
* war invalids and persecuted persons,
* addicted to alcohol, stupefacients and psychoactive substances - in case of addiction treatment.

Also in case of a sudden illness, accident, injury, intoxication or life threat a you will receive necessary medical benefits without a referral.  
Go to a doctor who has a contract with the NFZ and show your European Health Insurance Card (EHIC) or a replacement certificate.

**How do you get treatment by a dentist?**

Go to a dentist who has a contract with the NFZ and show your European Health Insurance Card (EHIC) or a replacement certificate. Free dental services are available only in the restricted scope set out in the Regulation of the Minister of Health of 24 November 2004 (Official Journal 04.261.2601). A list of free services and materials is available in the dentist surgery. You will have to cover costs of over standard services and materials on your own.

**How do you get hospital treatment?**

You need a doctor's referral. In case of a sudden illness, accident, injury, intoxication or life threat you will receive necessary medical benefits without a referral.  
Go to a hospital which has a contract with the NFZ and show your European Health Insurance Card (EHIC) or a replacement certificate. During stay in a hospital operations, diagnostic tests and medicines are provided free of charge.  
How do you get transportation to a hospital?  
In case of an accident, injury, childbirth, sudden illness or sudden deterioration of the state of health call an ambulance (dialing 999 or 112) or go directly to a hospital, in particular to an accident and emergency department (SOR). Ambulance transport in such cases is free of charge. Show your European Health Insurance Card (EHIC) or a replacement certificate.  
How do you get medicines?  
A prescription can be issued by a doctor who practises within the health care system or a doctor who does not practise within this system, but has concluded a contract with the Fund authorizing him to issue prescriptions.   
Show your prescription and your European Health Insurance Card (EHIC) or a replacement certificate in a pharmacy.  
Prescribed medicines can be purchased:

* for a lump-sum price (in case of basic medicines - 3,20 zł and in case of magistral preparations - 5 zł);
* for 30 or 50% of the price of a medicine (in case of supplementary medicines);
* for a full price - in case of medicines which are not included in the reimbursed drugs list.

**Receiving free health care services on the basis of E 112 form.**

After agreeing with the Polish health care provider about conditions and terms of benefit awarding, there is a need to submit a copy of E112 forms in a competent regional branch of NFZ depending on the seat of the health care provider.

**Polish institutions involved in the coordination of social security systems in the field of health benefits in kind**

1. Competent authority - The Minister of Health
2. Liaison body - the Central Office of the National Health Fund
3. Competent institution/ institution of the place of residence/ the place of stay - the National Health Fund acting through its regional branches.

**Details of the liaison body**

Centrala Narodowego Funduszu Zdrowia - Departament Współpracy Międzynarodowej  
(Central Office of the National Health Fund - The Department of International Affairs)

ul. Grójecka 186  
02-390 Warszawa  
tel. +48 (22) 572 62 68  
fax +48 (22) 572 63 19  
e-mail: [ca17@nfz.gov.pl](mailto:ca17@nfz.gov.pl)

**Details of the competent institutions/ institutions of the place of residence/the place of stay**

1. Dolnośląski Oddział Wojewódzki NFZ   
   ul. Joannitów 6   
   50-252 Wrocław, tel. (71) 79 79 131; fax (71) 79 79 129, e-mail: [wf01@nfz.gov.pl](mailto:wf01@nfz.gov.pl%20)
2. Kujawsko-Pomorski Oddział Wojewódzki NFZ   
   ul. Mickiewicza 15  
   85-071 Bydgoszcz, tel. (52) 325 27 04; fax (52) 325 28 68, e-mail: [wf02@nfz.gov.pl](mailto:wf02@nfz.gov.pl)
3. Lubelski Oddział Wojewódzki NFZ   
   ul. Szkolna 16  
   20-124 Lublin, tel. (81) 748 36 57 wew. 173; fax (81) 748 36 57 wew. 165, e- mail: [wf03@nfz.gov.pl](mailto:wf03@nfz.gov.pl)
4. Lubuski Oddział Wojewódzki NFZ   
   ul. Podgórna 9B   
   65-057 Zielona Góra, tel. (68) 328 77 77; fax (68) 328 77 53, e-mail: [wf04@nfz.gov.pl](mailto:wf04@nfz.gov.pl)
5. Łódzki Oddział Wojewódzki NFZ   
   ul. Kopcińskiego 58  
   90-032 Łódź, tel. (42) 677 49 40; fax (42) 677 49 12, e-mail: [wf05@nfz.gov.pl](mailto:wf05@nfz.gov.pl)
6. Małopolski Oddział Wojewódzki NFZ   
   ul. Ciemna 6  
   31-053 Kraków, tel. (12) 29 88 386; fax (12) 29 88 318, e-mail: [wf06@nfz.gov.pl](mailto:wf06@nfz.gov.pl)
7. Mazowiecki Oddział Wojewódzki NFZ   
   ul. Chałubińskiego 8  
   00-613 Warszawa, tel. (22) 582 84 40, e-mail: [wf07@nfz.gov.pl](mailto:wf07@nfz.gov.pl)
8. Opolski Oddział Wojewódzki NFZ   
   ul. Głogowska 37  
   43-315 Opole, tel.(77) 402 01 02; fax (77) 402 01 01, e-mail: [wf08@nfz.gov.pl](mailto:wf08@nfz.gov.pl)
9. Podkarpacki Oddział Wojewódzki NFZ   
   ul. Zamkowa 8  
   35-032 Rzeszów, tel. (17) 860 41 02; fax (17) 860 42 28, e-mail: [wf09@nfz.gov.pl](mailto:wf09@nfz.gov.pl)
10. Podlaski Oddział Wojewódzki NFZ   
    ul. Pałacowa 3  
    15-042 Białystok, tel. (85) 745 95 31, fax (85) 745 95 39, e-mail: [wf10@nfz.gov.pl](mailto:wf10@nfz.gov.pl)
11. Pomorski Oddział Wojewódzki NFZ   
    ul. Podwale Staromiejskie 69  
    80-844 Gdańsk, tel. (58) 321 86 26, fax (58) 321 85 15, e-mail: [wf11@nfz.gov.pl](mailto:wf11@nfz.gov.pl)
12. Śląski Oddział Wojewódzki NFZ  
    ul. Kossutha 13  
    40-844 Katowice, tel. (32) 735 19 00, fax (32) 735 17 29, e-mail: [wf12@nfz.gov.pl](mailto:wf12@nfz.gov.pl)
13. Świętokrzyski Oddział Wojewódzki NFZ  
    ul. Jana Pawła II 9  
    25-025 Kielce, tel. (41) 36 46 100; fax (41) 34 30 490, e-mail: [wf13@nfz.gov.pl](mailto:wf13@nfz.gov.pl)
14. Warmińsko-Mazurski Oddział Wojewódzki NFZ  
    ul. Żołnierska 16  
    10-561 Olsztyn, tel.(89) 539 19 27, fax (89) 533 96 70, e-mail: [wf14@nfz.gov.pl](mailto:wf14@nfz.gov.pl)
15. Wielkopolski Oddział Wojewódzki NFZ  
    ul. Grunwaldzka 158  
    60-309 Poznań, tel. (61) 850 61 37, fax (61) 850 61 02, e-mail: [wf15@nfz.gov.pl](mailto:wf15@nfz.gov.pl)
16. Zachodniopomorski Oddział Wojewódzki NFZ  
    ul. Arkońska 45  
    71-470 Szczecin, tel. (91) 425 10 00, fax (91) 425 11 88, e-mail: [wf16@nfz.gov.pl](mailto:wf16@nfz.gov.pl)